What is considered a disability under the ADA?

Tell Me

1. A disability is defined as a physical or mental impairment that limits one or more of a person's major life activities.
2. Major life activities can include seeing, hearing, walking, standing, sitting, breathing, caring for oneself, the operation of major bodily functions, learning, etc.

Related FAQs

- What is accessibility?
- Do employees have to provide verification of disability if asking for a workplace accommodation?
- Who will receive information about my health condition and/or my request for a workplace accommodation?
- What steps do supervisors take when an employee asks for an accommodation?
- What if my condition is not considered a disability under the ADA?