Which option is better, the Gmail interface or the Google Group interface to send emails to a Group?

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1. The best method really depends on multiple factors and the group settings. Some groups allow you to post while others may not.
   1. Examples of why a certain interface may be used:
      1. Gmail: When you want to easily send an email to a group and know the group name/address.
      2. Google Group: When you want to send anonymously as the group or desire a more collaborative experience.

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