

How do I use Duo?

Tell Me

1. When accessing a university [Single Sign On site](#), you will be prompted to log with your NinerNET credentials
2. With Duo, you have lots of ways to authenticate - here are your options...

Authentication Options	Advantages
Smartphone Push	Recommended method, fast, secure and easy
App-Generated Code	No internet needed
SMS Text Message	Immediate or can be saved for future use
Fob-U2F USB Key	Fac/Staff only, no internet or smartphone
Phone Call	Fac/Staff only, back up device for emergencies only



Info

It's a good idea to set up 2 methods for Duo authentication.

All methods provide an option to remember the device for 30 days. See this [FAQ](#) for more information.

Related FAQs

- [Can I get removed from Duo after I have been enrolled?](#)
- [How do I use the Duo app to generate a passcode?](#)
- [How do I use Duo while traveling outside the U.S.?](#)
- [An Infographic: Answering 7 Questions About Using Duo 2-Factor Authentication from Faculty](#)
- [How do I setup my iOS or Android device in Duo?](#)